



September 2017 - Menus

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

Grades K-5 Lunch

MENUS ARE SUBJECT TO CHANGE

				9-1 Admission Day
9-4 Labor Day	9-5 <ul style="list-style-type: none"> ★★ Turkey Hot Dog ★★ Toasted Cheese Sandwich ★ Potato Tots ★ Mixed Vegetables ★ Fruit Cup ★ Got Milk 	9-6 <ul style="list-style-type: none"> ★★ BBQ Pork Sandwich ★★ Yellow Submarine Sandwich ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Baby Carrots - S ★ Fruit - S ★ Got Milk 	9-7 <ul style="list-style-type: none"> ★★ Cheese Calzone - V ★★ Chicken Caesar Salad with Cheese Bread Stick ★ Sweet Corn ★ Garden Salad ★ Frozen Juice Slush ★ Got Milk 	9-8 <ul style="list-style-type: none"> ★★ Breaded Chicken Filet Sandwich ★★ Turkey & Cheese Flatbread Sandwich or ★★ Home-Style Tuna Sandwich ★ Potato Wedges ★ Baby Carrots - S ★ Fruit - S ★ Got Milk
9-11 <ul style="list-style-type: none"> ★★ Cheesy Garlic Bread - V ★★ Yogurt & Granola - V ★ Mixed Vegetables ★ Baby Carrots - S ★ Fruit - S ★ Got Milk 	9-12 <ul style="list-style-type: none"> ★★ Beef Taquitos ★★ Italian Chopped Salad ★ Artisan Roll - S ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Garden Salad ★ Fruit Cup ★ Got Milk 	9-13 <ul style="list-style-type: none"> ★★ Turkey Taco Bean & Cheese Dip ★★ Yellow Submarine Sandwich ★ Tortilla Chips - S ★ Sweet Corn ★ Salsa Cup ★ Fruit - S ★ Got Milk 	9-14 <ul style="list-style-type: none"> ★★ Teriyaki Beef & Rice Bowl ★★ Chicken Caesar Salad with Cheese Bread Stick ★ Broccoli ★ Baby Carrots - S ★ Frozen Juice Slush ★ Got Milk 	9-15 <ul style="list-style-type: none"> ★★ Manager's Choice ★★ Smoked Turkey Breast & Cheese Sandwich or Home-Style Tuna Sandwich ★ Potato Wedges ★ Garden Salad ★ Fruit - S ★ Got Milk



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<p>9-18</p> <ul style="list-style-type: none"> ★★ Vegetarian Chili - V ★★ Yogurt & Granola - V ★ Tortilla Chips - S ★ Sidewinder Fries ★ Baby Carrots - S ★ Fruit - S ★ Got Milk 	<p>9-19</p> <ul style="list-style-type: none"> ★★ BBQ Pork Rib Sandwich ★★ Italian Chopped Salad ★ Artisan Roll - S ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Potato Tots ★ Fruit Cup ★ Got Milk 	<p>9-20</p> <ul style="list-style-type: none"> ★★ Beef Chalupa ★★ Yellow Submarine Sandwich ★ Garden Salad ★ Salsa Cup ★ Fruit - S ★ Got Milk 	<p>9-22</p> <ul style="list-style-type: none"> ★★ Savory Salisbury Steak with Gravy and Biscuit ★★ Chicken Caesar Salad with Cheese Bread Stick ★ Smashed Potatoes ★ Mixed Vegetables ★ Frozen Juice Cup ★ Got Milk 	<p>9-23</p> <ul style="list-style-type: none"> ★★ Breaded Chicken Filet Sandwich ★★ Turkey & Cheese Flatbread Sandwich or Home-Style Tuna Sandwich ★ Potato Wedges ★ Baby Carrots - S ★ Fruit - S ★ Got Milk
<p>9-25</p> <ul style="list-style-type: none"> ★★ Bean & Cheese Pupusa with Curtido - V ★★ Yogurt & Granola - V ★ Sweet Corn ★ Baby Carrots - S ★ Fruit - S ★ Got Milk 	<p>9-26</p> <ul style="list-style-type: none"> ★★ Turkey Meatball Sub Sandwich ★★ Italian Chopped Salad ★ Artisan Roll - S ★ Potato Tots ★ Mixed Vegetables ★ Fruit Cup ★ Got Milk 	<p>9-27</p> <ul style="list-style-type: none"> ★ Fish Sticks ★ Tortilla Chips - S ★★ Yellow Submarine Sandwich ★ Sidewinder Fries ★ Salsa Cup ★ Fruit - S ★ Got Milk 	<p>9-28</p> <ul style="list-style-type: none"> ★★ Turkey Sausage Flatbread ★★ Chicken Caesar Salad with Cheese Bread Stick ★ Fiesta Pinto Beans or Vegetarian Baked Beans ★ Baby Carrots - S ★ Frozen Juice Cup ★ Got Milk 	<p>9-29</p> <ul style="list-style-type: none"> ★★ Café LA Burger or Café LA Cheeseburger ★★ Smoked Turkey Breast & Cheese Sandwich or Home-Style Tuna Sandwich ★ Potato Wedges ★ Garden Salad ★ Fruit - S ★ Got Milk

All of the Grain/Bread items served are whole grain.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable

S: Items with an (**S**) can be saved for later

V: Vegetarian items

**Farm Fresh Fruits: Apple, Orange, Banana